

# Moksha Yoga Brooklin

## Agreement of Release and Waiver

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Postal Code \_\_\_\_\_ Phone# \_\_\_\_\_ home  cell

Date of Birth (MM/DD/YYYY) \_\_\_\_\_

Email Address \_\_\_\_\_

I would like to receive the monthly online newsletter updating me on events, schedule changes, and studio news.

How did you hear about Moksha Yoga Brooklin? Google  Sign  Family/Friend

Other \_\_\_\_\_

Injuries/Ailments that might affect your practice? \_\_\_\_\_

I, (print given and surname) \_\_\_\_\_ agree to the following:

1. I understand the instruction and services offered by Moksha Yoga Brooklin is that limited to instruction in basic yoga and fitness training.
2. I acknowledge that there are risks associated with participation in the activities and programs offered or sponsored by Moksha Yoga Brooklin. I have informed myself and understand the risks associated with my participation in these activities and programs and (where applicable) my use of the facilities, including the risk of personal injury, and I freely accept these risks.
3. I attest that I do not have psychological, medical, or emotional conditions that would prevent me from safe participation in a yoga class, workshop, meditation session or spa service. If I have any concerns about my medical condition, I will consult with my physician before participating in the activities and programs offered or sponsored by Moksha Yoga Brooklin.
4. I hereby for myself, my heirs, executors, administrators, or any others who may claim on my behalf, promise not to sue, and hereby waive, release and discharge Moksha Yoga Brooklin, a division of Moksha Yoga Whitby Inc. and anyone acting for or on its behalf, from any and all claims of liability, foreseen or unforeseen, for personal injury, illness, loss of life or property damage of any kind or nature, arising out of or sustained in the course of my participation in the activities and programs offered or sponsored by Moksha Yoga Brooklin or attending Moksha Yoga related events both on and off of the Moksha Yoga Brooklin Premises.
5. I recognize that this agreement of release and waiver of liability is a legal contract and that by signing it, I have complete knowledge of its contents. I recognize that by signing this document I am waiving certain legal rights, including the right to sue. I am 18 years of age or older and I am signing this document voluntarily.



Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If Participant is under age 18 years of age:

As legal guardian of \_\_\_\_\_, I consent to the above conditions and terms.

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_